



# IMA FOCUS

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## **Prof. Dr. Srinivasa S.**

Assuming the Office as President of IMA KSB  
at 89th MEDICON-2023 @ BRIMS, Bidar



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# Editorial!

From the Desk of  
**Prof. Dr. S.M. Prasad**

Dear all esteemed members of IMA,

## !! Greetings from IMA KSB!!

Congratulations to the all team members of IMA KSB 2022-23 under President Dr. Shivakumar B Lakkol, Secretary Dr. B. P. Karunakara, Treasurer Dr. Vijayasradhi A and Editorial team under Dr. K G Shankaranarayana for the encouragement of excellent activities and reporting in the wonderful monthly magazine IMA FOCUS.

We have seen and gone through so many memorable activities on monthly basis at all our 179 IMA branches in Karnataka and a methodical reporting from all respective President and Secretaries. Now, the new IMA KSB team of 2023-24 headed by IMA KSB President Dr Srinivasa S, Secretary Dr B P Karunakara, and Treasurer Dr Vijayasradhi A has assumed the office on 1st November, 2023, Kannada Rajyotsava Day. Also, new teams of all IMA branches all over our state has taken over and new official team are installed in the October 2023 month. IMA FOCUS sub-committee congratulates all the office bearers

It was great show the strength and organizing skills shown by host IMA Bidar branch for MEDICON-2023 from 27th -29th, October, 2023. Indeed every one who attended the conference enjoyed the hospitality of the organizing committee.

In the coming month of November 2023, the main important days are as follows: 10th – World Immunization day, 14th – Children day & World diabetes day, 16th – World COPD day, 15th to 21st – Newborn care week, 17th – National Epilepsy day. We request all our IMA branches to celebrate the above important days for unity as well as qualifying for the branch awards.

It is disheartening to know in the recent times that the budding medical doctors (junior residents) and specialty post graduate medical students in various medical colleges undergoing lots of stress during their curriculum of studies. With so much difficulty they have obtained the seats for higher education and they travel even far away from their parents to stars for nearly 3 years. All of us need to rethink about these issues and to know where is the beginning of the issues, is it at home? Is it at the place/institution? the peer group/ study stress itself?

Many thoughts come to our mind at various levels so that we get some relief such as

- At student level: emotional issues of the student and coping with stress in life, life style, demanding peer pressure, married students, etc.

- At home : parental pressure like authoritative parenting, forced to study / select the branch, un-supportive environment at home by parents / guardians
- At Institution: admission delays and deviated fee structure issues with various institutions, improper facilities to post graduate students doing the duties like duty rooms, toilets, common utilities, clean restaurants, recreation activities at institutions teaching hospitals.
- During the course : Support by the senior students, teaching & non-teaching staff, Counselling by a dedicated person in the college when in need, receptive faculties and respective heads of departments, demanding work extended, junior residents of duty hours with no post duties, etc. need to be speciality mentioned.
- Health university: Any change schedules, Syllabus, etc
- At Examinations: fair examinations as per the affiliated university and NMS

Time has come every IMA member especially the medical teachers and professors at various medical institutions to form a committee to tackle this issue to meet frequently and on urgent basis to safe guard our upcoming doctors ie medical students & junior

residents. If things take a “U Turn” when the publicity goes on in media, youngsters will feel hesitant to join medical courses. Ultimately, we from the society will be the loser of challenges in health care facilities.

Dear all office bearers and members of IMA branches, kindly send your branch activities, important day celebrations regarding health/Allopathy doctors and your exclusive travel/sport involvement to our email: [imafocus@gmail.com](mailto:imafocus@gmail.com), before 20th of every month.

We are happy to share that IMA KSB's “IMA FOCUS” soft copies will be reaching to all IMA members of Karnataka in hard/soft copies. I have planned to include useful quotes and tips for medical professionals at the bottom line of every page. We from editorial board, have decided to continue with an article on present issues which will be helpful to our readers.

Any IMA member can send their achievements and accolades to our mentioned IMA FOCUS email [imafocus@gmail.com](mailto:imafocus@gmail.com), to be considered for publication in this monthly magazine. We will be continuing the special addition of designated pages for articles useful for members as much as possible.

We, from editorial board make sure that every monthly magazine will be useful for all our members.

**Jai Hind Jai Karnataka Long live IMA**

### ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ,  
ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ,  
ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,  
ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,  
ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ  
ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.



### IMA PRAYER

May everybody be happy  
May everybody be healthy  
May everybody be free from pain  
May everybody be free from sorrow  
May we be the healing cure  
Beyond every greed & lure

### ದ್ವಜ ವಂದನೆ

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ರಾಷ್ಟ್ರದ್ವಜಕ್ಕೆ ವಂದನೆ ಸಲ್ಲಿಸಲು ಇಲ್ಲಿ ನಿಂತಿದ್ದೇವೆ.  
ಅದರ ಗೌರವ ಮತ್ತು ವೈಭವವೇ ನಮ್ಮ ಬೆಳಕು ಮತ್ತು ಶಕ್ತಿ ಮತ್ತು ಅದರ ಪಥವೇ ನಮ್ಮ ಪಥವು.  
ಈ ರಾಷ್ಟ್ರೀಯ ಸಂಸ್ಥೆಯ ಮಾನ್ಯತೆ ಪಡೆದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ಜವಾಬ್ದಾರಿಗಳನ್ನು  
ಅರಿಯುವ ಮೂಲಕ ಅದಕ್ಕೆ ನಮ್ಮ ನಿಷ್ಠೆಯನ್ನು ತೋರಿಸುವ ಪ್ರತಿಜ್ಞೆ ಮಾಡುತ್ತಿದ್ದೇವೆ.  
ದೇಶಸಮೂಹಗಳ ನಡುವೆ ನಮ್ಮ ರಾಷ್ಟ್ರದ್ವಜವು ಉನ್ನತ ಮಟ್ಟದಲ್ಲಿ ಹಾರಾಡುವ  
ಸಲುವಾಗಿ ನಮ್ಮ ಅಧಿಕಾರದಲ್ಲಿರುವ ಎಲ್ಲವನ್ನೂ ಅದಕ್ಕೆ ಸಮರ್ಪಿಸುವ ಪ್ರಮಾಣ ಮಾಡುತ್ತಿದ್ದೇವೆ..

ಜೈಹಿಂದೆ

ಐ.ಎಂ.ಐ. ಚಿರಾಯುವಾಗಿರಲಿ



# President's Message

**Prof. Dr. Srinivasa. S**

Dear esteemed members,

Respected Inaugurators of 89th MEDICON 2023 of IMA KSB, The honorable minister Ecology and Environment & District in charge minister, Karnataka Government, Sri.Eshwar Khandre sir, we are very thank full to you for inaugurating our 39th state Medicon. I also welcome our Health and family welfare Minster Dr.Dinesh Gundurao for gracing this program. I am very thankful to Shri. Bhagwanth Khuba, Hon'ble Minister of state for Chemical and Fertilizers, Govt of India and Hon'ble Dr. Sharan Prakash Patil, Medical Education Minister for inaugurating scientific program.

I welcome our National IMA President Elect Dr.R.V. Asokan who came all the way from Kerala to grace the new team of IMA KSB. My sincere thanks to Dean & Director of Bidar institute of medical sciences Dr. Shivakumar Shetkar for his great contribution in conducting this conference.

At the outset I would like to thank the esteemed members of IMA and in particular state and central council members for having unanimously elected me and my team to Karnataka state office. In continuation of hard work done by the previous president Dr Shivakumar B Lakkol, I would like to take IMA-KSB to great height. I extend my warm welcome to Honorary State Secretary Dr.B.P.Karunakara, Treasurer Dr.Vijayasardhi.A, Joint Secretary Dr.Anitha.D, National Joint Secretary Dr.Venkatachalapathi.M, Dr.AKN Sinha Institute Director Dr.Prabhakara.G.N. President Elect Dr.V.V.Chiniwalar and Past President Dr. Kateel Suresh Kudva.

I also welcome outgoing Vice Presidents of our IMA KSB Dr.Prasanna Shivappa Shankar, Dr.Rajashri

Anugol, Dr Narayana murthy & Dr.Shailesh Amarkhed, PRO Dr.Pavankumar Patil and Incoming Vice Presidents Dr.PavanKumar Patil, Dr.Kiran Deshmukh, & Dr Rajgopal Setty, PRO Dr.Devadas H.R, I expect complete and honest co-operation from my office bearers and esteemed members to achieve our goal.

I welcome all the past presidents of IMA KSB especially Dr. Honnegowda who is mentor and adviser to me all the time. Dr Yogananda Reddy, Protocol officer of this Medicon whose role is very immense in conducting this conference. He has done lot of work to bring the conference in present state. Dr Madusudana Kariganur young and dynamic past president who is ready to do any work for the welfare of IMA.

It's really a pleasure to work with them who knows how to make a friendly & inspiring work environment. Their dedication, enthusiasm and insight are really inspiring. I take this opportunity to congratulate the IMA Bidar led by its President Dr.Vaijanath Madna, The organizing team, Sponsors, Delegates, Principal, Staff, Students and Administrators of Bidar Institute of Medical Sciences for their strong sense of commitment, service and responsibility that has transformed this conference into a temple of learning led by Organising Chairpesons Dr.Chandrakanth Gudage & Dr.Vijashree Bashetty and Secretary Dr.Mallikarjuna Panshetty. & Seniors Dr.Hanumashetty, Dr.Anandrao, Dr.Viajanath Thugave. I wish every success to all the members in their endeavors. I extend my wishes to the respected working committee members of my dream team, all the past state and national Presidents and vice presidents, the president and secretaries and the

members of all the local branches of Karnataka, the team MEDICON 2023 of Bidar. I am so grateful to all of you who make up the loyal community of IMA Karnataka to whom now I am connected & to think I've been of some help to you all is humbling and deeply gratifying.

I am pleased to extend my warmest welcome to the print and visual press people.

Ladies and Gentlemen, Indian Medical Association is a voluntary organization of Doctors of modern scientific system of medicines and also is largest non-Government medical organization in the world.

The objects of our Association are promoting the improvement of public health, medical education, and research and working with state and central governments in health care.

It is because of latest developments in modern medicine that infant mortality, a sensitive index of health care delivery of any country which was 195 per 1000 live births in 1947 has come down to 26. It is highest in Uttar Pradesh and lowest in Kerala. It is most important sensitive index of any given country. It is very less in developed countries and more in developing countries.

Maternal Mortality Rate is 97 for 1 lakh population in 2018-20, compared to 301 during 2001-2003. Complex surgeries are now possible in India including major organ donations, that too at most reasonable cost. India is hub of medical tourism in the world now. Earlier rich and politicians used to go to western countries for complex medical and surgical treatment.

Now it is vice-versa. Life expectancy has increased up to 70.8 years from 31 yrs in 1947.

Even during Covid19 Pandemic, which has played havoc in the world, India managed the situation satisfactorily due to the dedicated and efficient management, by involvement of private and government doctors, paramedical staff round the clock and reduced the mortality to around 1.8%. Vaccination campaign in India is one of the best in the world.

In spite of overburden of 138 crore population. India

is the only country in the world to vaccinate more than 100 crore doses by now. In spite of all positive developments in the medical field, faith is gradually being reduced on doctors, due to various factors. Commercialisation of medical education and medical profession due to various reasons. We should also introspect our self, how health care delivery can be improved in our country, by constant proper discussions in our association, as well as with the Governments.

**Eradication of Quackery :** There is threat to public health by quacks. It is estimated the more than 12.68 lacs registered modern medicine in India and there are more than 1.25 lakhs quacks in Karnataka alone. Added to this there is crosspathy of modern medicine by ayush and homeopathy doctors. Only by creating awareness in public and strict legal action against quacks can curb this menace. IMA requests every IMA member to enlist the quacks practising in their area with address to State anti-quackery committee for addressing this problem.

**Crosspathy :** Prescription of modern medicine by non-MBBS doctors can be injurious to health. or even fatal. It takes 10 years to study what is right and what is wrong. Doctors of other system can not learn by short course. We hail present government for withdrawing the circular of allowing ayush doctors to use modern medicine drugs in emergency in Government medical establishments after short training.

**KPME ACT :** To Address the demand of anti quackery act by IMA, Karnataka government has brought KPME act in 2007, which got implemented in 2010. However amendments in 2017 are having ingredients which are impractical. Quacks are more comfortable under this amended act, than qualified doctors and medical establishments. As per section 14 of Indian Constitution, government should have included government medical institutions also.

**PC-PNDT ACT :** Preconception and prenatal diagnostic Technique act is an act, to stop female foeticide and to arrest declining male to female sex ratio. IMA welcomes this act. Doctors Against Sex Selection (DASS) Committee is formed at national

level and state level to assist the government in this endeavour. But this act has many ingredients such as for minor clerical errors, doctors are punished with seizure of ultrasound machine and imprisonment. Even registration and renewal fee is unreasonably high. IMA strongly demands to amend this act., to remove such unreasonable ingredients. Dr Shivakumar Lakkol, our president and his team met concerned officers and explained this problems. PC PNDT officers have assured to sort it out.

#### **Assault on Doctors and Medical Establishments:**

Assault on doctors and medical establishments are increasing day by day. As per information 75% of doctors and 48% of ICU's are attacked. In many instances doctors and staff have sustained serious injuries even leading to death and hospital properties have been damaged. Antisocial elements join attendants of patient and cause harm.

All these violence are in increasing trend during Covid19 Pandemic. IMA urges doctors to follow Ethics. No doctor wish to cause harm to the patients health. In majority of cases there is no negligence of doctors and staff. Due to severity of disease and late arrival to medical treatment, there may be deaths, which can not be avoided even in best of the best institutions with best of the best treatment made available.

Karnataka government has passed an act, Karnataka Prohibition of Violence against Medical Service personnel and damage to medicare institutions Act-2009. But this act is mild with imprisonment up to 3 years only. Hence culprits get bail easily. Hence we urge this act to be made more effective, by increasing the imprisonment above 7 years, so that bail will not be granted easily. Only if act is implemented strictly, it will protect doctors, staff and properties. Unfortunately Police officials are not taking immediate and timely steps. to protect the doctors and paramedical staff. Even Epidemic Act by central government is also toothless as punishment awarded is less than 7 years. and act will be applicable only during epidemic. We request both State and Central Governments to amend the acts suitably to make it more elective.

**Consumer Protection Act :** Our long demand for capping of compensation is still pending. There are no guidelines for awarding compensation.

Compensation should not bring financial crisis to the doctor. In some instances Courts have been unreasonable to award as high 11 crores compensation, making survival of doctor impossible. Even in CPA act 2019, initially medical profession was included. But after the report of Parliamentary Standing Committee the medical service in this act was dropped. However it is left the decision of Apex courts how to interpret it. Hence sword is still hanging over our head.

**National Medical Commission Act :** The earlier Medical Council of India was managed by able and highly educated personalities in medical field. The medical council of India was constituted by parliament of India through the MCI act 1956. It was a autonomous body with representation from all states, but Niti ayog has proposed the NMC bill and Govt of India has implemented it in spite of strong objections. This bill is anti democratic, as major number of members in NMC are nominated officials.

It is anti federal, as at a given time all states are not represented. It is anti poor as private medical colleges are free to collect fees as per their whims and fancies. There are more possibilities for corruption, as many officials are nominated, not elected.

There is also more chances for quackery as it allows Para medical persons to practice modern medicine. It encourages crosspathy as inter facing of modern medicine with ayush and Homeopathy is one of the ingredient in the act.

Our apprehensions are becoming true, as already govt has taken retrospective steps as per this act like Health officers are called for from B.Sc nursing for posting in sub centres, CENTRAL COUNCIL OF INDIAN MEDICINE (CCIM) has already notified MS course for Ayush graduates. By 2030 govt of India is targeting to have only integrated system of medicine in medical colleges.

It is big blow to modern medicine. Indian doctors are respected world wide and employed abroad on

priority, will lose opportunities after this. The medical tourism to India from other countries may stop.

IMA respects all systems of medicines and wish to have all systems of medicines to practice in their own pure form. But IMA is not against integrated system of treatment to a patient providing best available treatment in every system of medicine, than a doctor burdened with knowledge of all system, making jack of all trades and master of none. IMA should not allow integrated medical system at all and it is our duty to protect modern medicine.

**Health and Education Policies:** IMA likes to participate with the govt in the above matters, which benefits common man. Covid-19 pandemic in last 2 years proved the need of this public private partnership (PPP) in the health delivery system. Doctors both from govt and private have sacrificed their life during Covid-19 treatment, by running their clinics and medical establishment day and night through out the year. This public private partnership in future also to give best health care delivery to the public should be planed. But it should be win win situation to all concerned.

**Covid-19 Compensation :** Govt has given call to private clinics and medical establishment to function uninterruptedly to manage covid 19 situation and to manage non-covid19 cases and promised to cover by life insurance and compensation to the treating covid19 warriors both in govt and private set up. But no steps are taken by the govt on the contrary.

They are not awarding compensation to private doctors died while treating covid19 patients. IMA strongly demands govt to take proper steps to mitigate this discrimination. In addition to this, it was promised by the govt that it will give incentives to all its employees in govt set up involved in the treatment of covid19. But now the govt is telling that only those who worked with PPE kits will be given incentives. It is pertinent to note that those who are working in OPDs and Fields without PPE kits are more prone to infection and are denied these facilities. Even contract doctors are denied these facilities, in spite of uninterrupted medical service offered. We request

the govt to rectify these mistakes.

Beurocrates have posed as medical consultants, during this covid19 pandemic with unreasonable orders and harassment to our medical officers and Higher officers of Health dept. Suicide case of Mysore district due to harassment is live example of this. IMA strongly condemns this.

**Antibiotic policy :** Resistance to antibiotics is in rising trend. It is duty of every one of us to have a proper antibiotic policy in our medical establishments, so as to save the future generation. This year IMA will try to take steps in this field to create awareness among doctors.

**Trade Licence :** Even though for KPME renewal, trade licence is exempted, many of our medical establishments are facing problems due to trade licence. State IMA requests state govt for suitable amendments to relieve the problems faced by trade licence.

**Fire NOC :** Karnataka govt made an amendment to exempt buildings of less than 21meters from fire NOC. We are very thankful to them. I have to congratulate Dr Shivakumar Lakkol's team for all these efforts. All these fire NOC norms better to be continued on par with other states. However intent to provide fire safety measures in hospital like proper fire extinguishers, fire alarm system and other appropriate measures in proper places in the hospital has to be provided.

#### **IMA activities proposed in 2023-24**

1. **Academic Activities:** Conducting CMEs at all branches which are ongoing programmes to update the knowledge of our members and providing skill based training.
2. **Membership Drive:** This year we try our level best to increases our membership to 35,000. More members more hands to serve. Functionally strong local branches is my desire.
3. **Welcome & Save Girl Child:** Girls are as important as boys in the Society. IMA welcome the girl child. Girl child is a Nation's Pride. It is IMA HQ's Programme since last 10 years. Social



awareness is vital. All over IMA branches will conduct this by organizing rallies, workshops, Seminars, lectures on importance of girl child. It is my sincere appeal to members, if a girl child is born in their hospital kindly offer 20% or more reduction in the bill in the name of IMA save the girl child discount.

4. State working committee members will be assigned the post of district coordinator of his district and he will in turn form district council involving Presidents, Secretaries, State council members and central council members of all IMA local branches of his district. This district council will periodically meet and plan for combined activities at district level, like CME, training programmes sports meet, family get together etc. The similar sub comities of state level will also be formed at district level so as to make IMA district level activities more vibrant.
5. At District level, Federation of Medical Associations (FOMA) will be formed to improve the unity and cooperation among all medical associations and increase the IMA membership. The Presidents and Secretaries of all associations in the district under the chairman ship of IMA district coordinator to plan common activities in the district. IMA membership drive along with all IMA Schemes like KSSS, KSHS and KPPS is to be promoted in this platform. This will enhance, the

unity among doctors of different associations and improve IMA activities.

6. The following sub committees will be formed under the chairmanship of able dynamic IMA leaders to improve IMA activities as well as public health both at state, district and local IMA branch level.
7. As per decision taken in state council and state working committee meeting, IMA members all over the state should pay GST arrears Rs. 700 for single and Rs.1000 for couple members. Everybody know in detail about GST payments for new members who became members after 2017. My sincere request to all the IMA local branch presidents and secretaries to collect the GST arrears from respective branch members and remit to KSB. It's my duty to complement and congratulate all the branches who have collected and paid GST to the state branch.

All IMA members will work as one team and strengthen IMA by increasing membership at least to 35,000 this year and take IMA activities to greater heights in all spears of activities.

A Successful team not only works together but also trust each other. Coming together is good beginning

Keeping together is progress

And working together is success

### LONG LIVE IMA



Bangalore Urban District DHO office felicitation for IMA KSB President as a gesture during DAC PCPNDT meeting on 4th November 2023.



## Secretary's Message

**Dr. B P Karunakara**

Dear Esteemed members of IMA Karnataka,  
Greetings from IMA Karnataka State Branch!

***Wishing a very Happy Deepavali!***

Dear all, continuing for the second year as Hon State secretary, I would like to express sincere gratitude and thanks to esteemed seniors and past Presidents, working committee members, well-wishers and every member of the state branch for the wonderful support and cooperation given all through the year. I sincerely THANKING YOU for giving this opportunity to me to serve this great organization. Thanks for your trust and I promise to live up to the expectation. I express sincere thanks to our beloved President 2022-23 Dr. Shivakumar B Lakkol Sir for giving an extraordinary leadership and guidance.

I take this opportunity to congratulating all the esteemed members of the IMA KSB TEAM 2023-24, led by our beloved President Dr. Srinivas S, a long good friend and colleague and I am sure, we will be able to work well for the benefit of the organization.

I take this opportunity to assure you to follow the footsteps of the remarkable leaders of the state branch who have made important and lasting contributions to the welfare of the doctor's fraternity & medical profession. Promise to uphold the values and dignity of the IMA & the profession. I extend my

**Jai Hind!**

**Jai Karnataka!**

**Long live IMA!**

deepest respect and appreciation to all the leaders who have served the organization.

As Hon State Secretary, it's once again, the time to ponder over what the years ahead would hold and how will I deliver at the helm of the affairs of this dynamic organization. I am confident, with the guidance of the President, all the seniors and active participation and guidance of our team; it will be a memorable journey. We promise to deliver on all accounts, to the satisfaction of the members.

Working committee members are the backbone of the branch. Calling upon the members to do their best and excel and make your work counted. We look forward to identify and utilize the talent and skill, experience of the members for the furtherance of the organization.

The aim of the office is to serve the interest of the members. Member's feedback is an important component of a dynamic organization. Requesting everyone to feel free to give constructive suggestions, criticism, and actively participate in the functioning of the branch.

As Hon State Secretary, I am your chosen man and will be working for your welfare and I represent the organization on behalf of you. You guide me from time to time and feel free to reach out to me anytime.

### **Kind Attention : SWC Members of IMA-KSB only**

**872nd State Working Committee Meeting of IMA-KSB will be held physically on Sunday the 19.11.2023 @ 10.00 am at IMA-KSB Dr. M.A. Narasimhachar Auditorium, IMA House Bengaluru Please make it convenient to Attend the Meeting**



## Imm. Past President's Message

**Dr. Shivakumar B Lakkol**

Dear esteemed Members,

After one year of the presidentship, the time has come for me to leave. During my term of office, I hope that I have been able to make my views known on many issues. I was privileged to have the opportunity to serve the IMA Karnataka. I truly feel that my tenure here have been fulfilling, and It gave me the opportunity to gain valuable experience in the workings with you all.

Before handing over the charge in the last month, on the morning of 1st October we had our IMA KSB Awards committee meeting at 10 AM wherein we finalized the awardees and orators for the Medicon 23.

On the same day at 11am we had IMA KSB 870th state working committee physical meeting at IMA House Bengaluru wherein wediscussed and ratified all the previous meeting issues including the report of awards committee.

On 2nd Celebrated Ghandhi Jayanthi and also Sri.Lal Bahuddur Shashtri Jayanthi with much devotion.

On 7th afternoon we visited IMA Hosadurga and in the evening we visited Hassan branches along with Past IMA KSB president Dr.Madhusudhan Kariganoor and Ast. Secretary Dr.L.D.Bakle. On this occasion on behalf of IMA KSB we felicitated IMA KSB Past Presidents Dr.Sudhakar, Dr.Annegowda Nagaraj and Dr.Honnegowda.

On 8th Morning I inaugurated the IMA the IMA Chitradurga AMS chapter at the Basveshwara Medical College wherein more than 20 IMA members enrolled in to IMA AMS. On the same occasion we addressed MSN students. Vice president of IMA KSB & Principal of Basaveshwara Medical College Dr.Narayan murthy along with Zonal representative of IMA KSB Dr.Chandan Giriappa were present on

the occasion. On the same day in the afternoon I opened the new IMA Holalkere branch with Dr.Shivanna.H.S. as the President and Dr.C.H.Manjunath as the Honorary Secretary. Dr.P.T.Vijayakumar the President & Dr.K.M.Basavaraj the Secretary of IMA Chitradurga branch witnessed this memorable occasion. It was very emotional and satisfying moment as I was fortunate to inaugurate a new IMA branch at my native place Holalkere.

On the same day evening our team visited Davangere IMA branch & inaugurated Women Doctors Wing of Davanagere inducting Dr.Rajani.S. as its Chairman and Dr.Swetha Ramu as its Secretary. IMA Davanagere President Dr.Harsha Ballapur, Secretary Dr.Surendra.E.M, Zonal representative of IMA KSB Dr.Chandan Giriappa & District representative Dr.L.D.Srinivas were present on the occasion. My sincere appreciations to IMA KSB Vice President Dr.Narayanamurty for putting lots efforts in opening of the new Hoalkere branch, Chitradurga AMS Chapter and the Inauguration of WDW at Davanagere.

On 11th I inaugurated the Renovated IMA building of Ballary Branch Sri Gadigi Channappa Hall with all modern facilities. On 19th we held our IMA KSB Digital committee meeting virtually and discussed about the developments regarding the Hospital digital software and on 22nd October 2023 at 8-30 PM we had our IMA KSB Emergency 871th State Working Committee meeting on virtual platform. All the members wholeheartedly appreciated the efforts of the digital committee and gave permission to launch the IMA Karnataka Medichoice software at the inaugural ceremony of at the 89th Medicon 2023 by IMA National President Elect Dr.R.V.Asokan who will be attending as the guest of honour.

On 20th I attended RGHUS meeting and on 23rd night

at 9 PM I gave my last President talk on Zoom platform wherein many members wholeheartedly appreciated my works and accomplishments as the president of IMA KSB.

On 27th October I attended the Annual General Body Meetings of IMA KSHS, IMA KSSS, IMA KPPS, IMA AMS and IMA CGP. On the same day morning we had our IMA KSB 308th State Council Meeting and in the evening our IMA KSB Annual General Body Meetings where many developmental works were discussed and accepted. I handed over the Presidentship of IMA KSB to Dr.Srinivasa.S. in the Annual General Body Meeting of IMA KSB held in the evening and along with him new office bearers took office on the same occasion.

On 27th morning I inaugurated the Workshop on Parenting and adolescent and Basic care and life care Support organised by the Medicon-23 team at BRIMS Auditorium, Bidar.

On 28th Noon I participated in the inauguration of the Medicon 23's scientific session. The union Minister of State for Chemicals and Fertilizers, New and Renewable Energy in Government of India Sri. Bhagawanth Khuba, Honourable Minister for Health and Family Welfare Dr.Sharan Prakash Patil, Honorable Minister for Municipal Administration and Hujj were the chief guests for the occasion. On the same occasion Dr.Sharan Prakash Patil released of IMA KSB's Karnataka Medical Journal, IMA KMJ and an informative book written by Dr. Annappa Pangi of Athani on longevity of life.

On the same day evening at 5 PM we held our inaugural function of Medicon 2023 at the BRIMS Auditorium which was Inaugurated by the Hon'ble Minister for Forest, Ecology and Environment Sri.Eshwar Khandre. Sri.Dinesh Gundurao, the Hon'ble Minister for Health and family Welfare was the Chief Guest and President Elect National Head Quarters Dr.R.V.Asokan as the Guest of Honour for the function.

Dr.R.V.Asokan released the Medcon 23 Souvenir and launched the IMA Karnataka Medichoice Hospital software on the occasion. The IMA KSB Awards ceremony was held later in the evening on the same stage. I personally congratulate Dr.Yogananda Reddy.Y.C. who was conferred with the maiden IMA

KSB Life Time Achievement award.

Dr. Ajay Dharam Singh, President of Kalyan Karnataka Region Development Board attended the valedictory function of the Medicon 23 which was held on 29th afternoon. On behalf of IMA KSB we felicitated all the members of IMA Bidar who relentlessly worked for the success of the historical conference. On the same occasion as the Immediate Past President of IMA KSB I installed the new office bearers of IMA Bidar and wished them the very best for the future.

I take this opportunity to thank President, Secretary and esteemed members of Bidar branch and organising chairmen, Organising secretary and all other subcommittee heads and members for putting in their best efforts and co-operation for the grand success of Medicon'89 2023 Bidar.

I thank Dean and Director of BRIMS Dr.Shivakumar Shatkar for giving co operation and support along with their faculty and staff.

I thank all the office bearers of 2022-23, Senior Members, Past presidents of IMA-KSB, Divisional coordinators, District representatives, All Sub Committee Chairmen and its members, President Secretaries of IMA KSB Local branches and all the esteemed members of IMA KSB for their great support and timely advice and opinion for the fruitful completion of my tenure.

My sincere thanks to Past President of IMA-KSB Dr.Honnegowda, Dr. Y C Yogananda Reddy and Dr.Madhusudhan Kariganoor for their valuable support and guidance.

I extend my best wishes to the President Dr. S Srinivas and his team and I am confident that he will work diligently towards our quest for excellence in all areas of our IMA fields. I thank all the office staff who helped me for smooth run of the office. I thank my family members for their cooperation.

I believe that we can achieve our goals with values like moral, ethics & honesty. I strongly believe in hard working, delivering promised work to members and giving preference to their satisfaction in achieving success.

**Thank you one and all**  
**Long Live IMA**



# Vice President's Message

**Dr. M N Rajgopal Setty**

Seasons greetings to all,

At the outset I thank all the members electing me for the post of VICE PRESIDENT - IMA KSB for the year 2023-24. I know the amount of trust you have all shown in me and now I accept the responsibilities of the post and try to discharge them with all sincerity and commitment to fulfill your expectations.

We have lots of challenges in front of us- may be small or big. We will try to solve them within our reach with

all your support. The time immemorial request and problem is - MEMBERSHIP DRIVE. I request all the members to join hands with our President and team to drive as many members as possible, because number and unity is our strength.

Under the leadership of our beloved President Dr. Srinivas, we will do our best to maintain the integrity and dignity of our IMA.

**LONG LIVE IMA**

**Scan to download Membership application forms**



IMA KSB APPLICATION FORM



IMA KSSS APPLICATION FORM



IMA KPSS APPLICATION FORM



IMA KSHS APPLICATION FORM

## Circular regarding Membership amount payable to IMA-KSB & IMA HQ From 01/02/2023.

Two separate cheques has to be sent. The mentioned amount includes 18% GST

Sl No.	Share Amount to	Chq/DD In favor of	SL	CL
1	IMA-HQ	<b>"IMA LIFE MEMBERSHIP FEE"</b> (Payable at New Delhi) Only online payment	8928/-	13384/-
2	IMA-KSB	<b>"IMA -KSB"</b> (Payable at Bangalore)	4079/-	6122/-
3	IMA Local Branch	<b>As per the branch policy</b>		

Account Details for online payment as given below (Google pay, Phone pe, Neft)

### IMA-KSB Account details

A/C Name : IMA KARNATAKA STATE BRANCH  
Ac no : 67070532832  
IFSC Code : SBIN0070242  
Bank : State Bank of India, Saving Bank Account  
Branch: Chamarajpete Bangalore

### IMA HQ Account details

A/C Name: IMA LIFE MEMBERSHIP FEE  
AC NO: 90672140000432,  
IFSC CODE: CNRB0019067, Bank: Canara Bank  
Branch: IP Marg New Delhi.

**Please Note:** - Kindly send payment receipts of IMA-KSB & IMA- HQ along with applications.

# BRANCH ACTIVITIES



**Branch** : Bengaluru  
**President** : Dr. L. Madhushankar  
**Secretary** : Dr. M. Mohan Kumar

Kumar M Joint. Secretary did vote of thanks Nearly 100 Members Participated in the Program

On 30th September 2023: On the occasion of World Heart Day walkathon was held on 30th September 2023 by Tathagat Heart Hospital in association with IMA Bangalore Branch, Lions club international, CSI -Bangalore Chapter, BL Kashyap and sons, College & Technical education Dept, Govt of India, Mallige Hospital flagged off by Sri Dinesh Gundu Rao MOHFW, Govt of Karnataka, from Freedom Park to Mantri Mall Sri Santosh Lad, Minister of Labour, Govt of Karnataka, Dr. Srinivas S President Elect, IMA KSB were the chief guests along with other dignitaries. Dr. Anuradha Paramesh IMA Bangalore Branch Immediate past President Dr. Rajasree MB, Secretary WDW IMA Bangalore Branch, Dr. Srinivasan Velu, Dr. Anantharamaiah IMA BB EC members actively participated in this event.

On 2nd October 2023: Gandhi Jayanthi celebration is IMA Bangalore Branch in the premises by Dr. Mohan Kumar M joint Secretary IMA BB, Dr. H C Ramesh Treasurer IMA BB past president Dr. Anuradha Paramesh V, Dr. Rajasree M B, Dr. Mahesh K M, Dr. Mamatha M WDW chairperson IMA Bangalore Branch, Dr. Vijayanand S, Dr. Tirthankar M

On 13th October 2023: On occasion of world sight day Lions club in association with IMA Bangalore to organized a Walkathon from central library to Gandhi statue M G Road, Bangalore it was inaugurated by agriculture minister Shri Eshwar Khandre guest of honour Dr. Pradeep Kumar K N, and Dr. Sathyavathi K Vice President IMA Bangalore Branch, EC Member Dr. Srinivasan Velu attending events. Nearly 500 members participated in this event.

Every Saturday: IMA Bangalore Branch is Free Medical Camp was conducted in association with TTD Vyalikaval, Lions Club, Manipal Hospital, Miller's Road and Srinivasa Health Care at TTD, Vyalikaval, 50 number People attended the camp. Screened for Diabetes & Cardiac camp at TTD Devastanam Bangalore, IMA Bangalore Branch in association with Lions club.

On 24th September 2023: Dr. Rajasree MB, Secretary WDW IMA Bangalore Branch received 2 Prize for English poem on Girl Child (to mark the National Girl Child Day) at Karnataka State Women Doctors Wing Conference held on 24th September 2023 at IMA Bhavan Gangavathi Karnataka. Women Doctors Wing IMA Bangalore Branch was awarded IMA KSB WDW 2023, "The Best Social Activities for Doctors Award" received by Dr. Rajasree MB, Secretary WDW IMA Bangalore Branch on 24th September 2023@ 5th Karnataka State Women Doctors Wing Conference "Anjana-2023" held @ Gangavathi, Karnataka.

On 30th September 2023: CME Program was successfully conducted by Indian Medical Association with fortis Cancer institute Bannerghatta Road, Bangalore at IMA House Chamarajpet Bangalore. Dr. Venkatesh K L President of Surgical Society, Bangalore as chief guest. President Dr. Venugopal K IMA Bangalore Branch, Dr. Mohan Kumar M Joint. Secretary IMA BB Dr. H C Ramesh Treasurer IMA BB, Dr. Srinivas S President Elect, IMA Karnataka Branch were present in the CME We successfully launched our website and displayed its features on screen to audience. We felicitated our chief guest Dr. Venkatesh. K L and also felicitated our Executive committee member Dr. Mahesh K M. Dr. Somdipa Pal MBBS, MD Pediatrics FNB Pediatric Hemato Oncology Fortis Hospital Bangalore Spoke on Adult/Pediatric Hemato Oncology & Transplants, Dr. Sarat Chandra Pingali Consultant Surgical Oncology Fortis Hospital Bangalore Spoke on Surgical Oncology -Basic to Recent Advances, Dr. Niti Raizada MD. DNB. DM ECMO. MRCP(US) Senior Director, Medical Oncology and Hemato Oncology Fortis Group of Hospitals Bangalore. Dr. Mohan

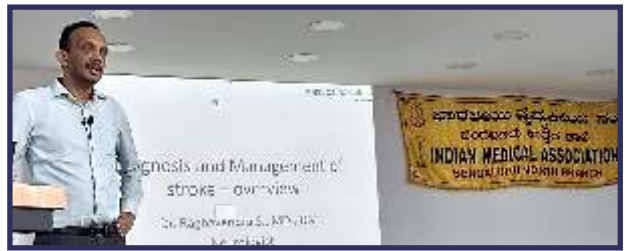
**Branch** : Bengaluru North  
**President** : Dr. Sreedhar G  
**Secretary** : Dr. K.S.Satish Ramana

On 22.9.2023, In association with Manipal hospital,

Yeshwanthpur we conducted CME Program, details are as follows. TOPIC 1 - Emerging issues in Gastroenterology for primary physicians by Dr Vidyasagar Ramappa, TOPIC 2 - Management of Acute Stroke by Dr S. Raghavendra TOPIC 3 - Management of Intracranial aneurysms by Dr Harish P. On 06.10.23 - In association with Manipal

Hospital, Malleshwaram we conducted CME Program, details are as follows.

TOPIC 1 - Recent trends in management of Abdominal Hernia by Dr Deepak Rohidekar, TOPIC 2 - Management of Backpain by Dr Thomas Kishen



On 02.10.2023 Swachh Bharath Abhiyaan: On the occasion of 154th Birth Anniversary of Shri Mahatma Gandhiji. A swachhBharathAbhiyaan programme has been organised by team IMA Bellary and the Women’s Doctor’s wing at IMA Hall, Many doctors Participated in this Event and Motivated the Common People to do the Same. Inauguration of the Renovated Old IMA Building and the newly Constructed dining hall by IMA KSB President Dr Shivakumar Lakkol Sir and Addressed the Gathering with Conveying the

**Branch : Ballari**  
**President : Dr. Renuka Manjunath**  
**Secretary : Dr. Chandrashekar Patil**

Importance of Various Schemes of IMA & its Effective utilization. In the Same function Dr Renuka Manjunath IMA Ballari President Felicitated Dr Shivakumar Lakkol and Dr Yoganand Reddy for Life time Achievement award also. IMA Ballari in association with Manipal Hospital conducted a CME Programme Dr Pratima Raj spoke on HIPEC, Dr Vidyadhara spoke on recent advances in Spine Surgery and Dr Rajiv Lochan Spoke on Horizons in Liver Surgery. IMA Office Bearers with Building Committee held a Meeting on Oct 15th regarding Planning, Mobilization of Funds and Time Frame for New IMA Building Construction at Prakruthi Valley.

**Branch : Bhadravathi**  
**President : Dr. Prashanth Bhat**  
**Secretary : Dr. Arun G S**

CME was conducted on 27th September 2023 at VISL Guest House, Bhadravathi in association with Intas Pharmaceuticals. Dr Arun G S Consultant Orthopaedic surgeon spoke about Macro impact of micro nutrients in osteoporosis management. Mr Sanjeev Kumar T, DSP Intelligence, Shivamogga spoke on Interaction between Healthcare industry and enforcement agency (Police) : Need for better co operation and mutual trust and respect. Around 50 members attended the CME. Gandhi Jayanathi and Lal Bahaddur shastri Jayanathi was celebrated on 2nd October at Nayana Hospital Auditorium. On the occasion of



World mental health day, on October 10th public awareness programme was conducted at Nayana Hospital Auditorium. Mental health advise delivered to public by WDW President Dr Veena Bhat , IMA President Dr Prashanth Bhat and secretary Dr Arun G.S.



## Congratulations

**Dr. C. Ramachandra**, Former Director, Kidwai Memorial Institute of Oncology, Bangalore for being awarded for **“Karnataka Rajyotsava Award 2023”**, from Govt. of Karnataka



On 02-10-2023 celebrated Gandhi Jayanthi cleaning surrounding IMA Building and Bone Meneral Density camp for Doctor, Staff Nurses and General Public. 08-10-2023 IMA AMS, new chapter of IMA Chitradurga was inaugurated by our IMA, KSB President Dr. Shivakumar. B. Lakkol at Basaveshwara Medical College Hospital Campus. Dr.Madhusudhan Kariganur, Ex President, IMA KSB, Bye-

**Branch : Chitradurga**  
**President : Dr. P.T Vijaykumar**  
**Secretary : Dr. Basavaraj. K.M**

Laws Committee Chairman was present as Chief guest and wonderful speech delivered by him, Dr. C Narayanamurthy, Vice President IMA, KSB is specially interested and enrolled Doctors for IMA-AMS Membership. On 08-10-2023, New IMA Holalkere taluk branch opened at General Hospital Premises, Holalkere, which was inaugurated by our beloved president Dr. Shivakumar B Lakkol and IMA medal was given to newly proposed president Dr. H.S.Shivanna. Dr. Madhusudan Kariganur was Personally Clipped IMA logo to all office bearers including IMA President and Secretary, of Chitradurga Branch also and delivered excellent inspiration speech to all members.

**Branch : Dharwad**  
**President : Dr. Satish Irkal**  
**Secretary : Dr. Kiran Kulkarni**

On 01.10.2023 IMA Dharwad held its Installation Ceremony in the presence of our State IMA President elect Dr Srinivasa.S & Guest of Honour Dr Niranjana Kumar, V.C of SDM Medical Univesity. Dr Satish Irkal was installed as President, Dr Kiran Kulkarni as Secretary & Dr Sapan as Treasurer. IMA WDW was also installed & Dr Kavitha Mankani as Chairman & Dr Pallavi Deshpande as Secretary. On 02.10.2023 occasion of Gandhi Jayanthi, IMA & IMA WDW in association with KIMS Blood Bank, Hubli conducted a 'Mega Blood Donation Camp' at APMC, Dharwad today. It was a successful event and a total of '102 units of blood' were collected. As a part of 'Vanamahotsava', We also planted saplings at the venue. Dr. Kavita, Chairperson Dr. Pallavi, Secretary. On 12.10.2023 on the occasion of "World Mental Health Day & International Girl child Day", IMA Dharwad and IMA- WDW had organized various competition for Nursing students and poster presentation on theme OUR MIND & OUR RIGHTS. Seminar was organised where key note speaker Dr. Sapna Pandurangi spoke on Mental Health is a Human Right and highlighted about Substance abuse. Dr. Sharayu Tavergeri, Dr. Kiran Kulkarni, Dr. Kavita Mankani, Dr. Pallavi Deshpande, Dr. Satish & Dr. Vani Irkal were present on the



occasion. On 13.10.2023 IMA Dharwad in association with Shreeya Multi- speciality Hospital, Dharwad, organized 2 days "Hepatitis - B" vaccination drive for around 300 Health Care providers. Program was inaugurated by senior Ophthalmologist and Past President of IMA, Dr. Girish Nadagir by handing over Vaccines and creating awarness and need of getting vaccinated for our well being. IMA President Dr. Satish Irkal congratulated all the health care providers for volunteering to take the vaccine and requested to complete the specified 3 doses compulsorily to avoid getting Hepatitis B infection during treating affected patients. Shreeya College Principal Mrs. Rhoda Jesuraj, Mrs.Leelavati Kalasapnavar, Dharwad IMA members, staff and students of Shreeya college of Nursing and Pharmacy participated in the vaccination drive program.

On 23.09.2023 CME programme was conducted. TOPIC 1: "IMEGLIMIN", a Novel type II diabetes mellitus armamentarium with dual benefits" by Dr. Sandeep Donagaon, Consultant Endocrinologist, Hubli.

**Branch : Gadag**  
**President : Dr. G. S. Palled**  
**Secretary : Chandrashekhar R. Bellary**





the year 203-24, was conducted at the IMA, Building Gadag on Tuesday, 3rd October, 2023. Chief guest was Dr. yogananda Reddy, Chairman of IMA's KSSS, & Past President IMA Karnataka State. Installation Officer was Dr. Shivakumar Lakkol, President IMA, Karnataka State. Dr. Y. C. Yogananda Reddy, spoke about the importance and understanding the Indian Medical Association, for the younger generation Doctors. Also spoke about the IMA's KSSS its benefits and advantages. Dr. Shivakumar Lakkol, Did the installation of new office bearers oath taking and addressed the gathering. Dr. G. S. Palled gave the Presidential address. Dr. Chandrashekhar R. Bellary, concluded the programme with vote of thanks. The Function was attended by almost about 200 IMA Members. ANY OTHER EVENTS : "WORLD MENTAL HEALTH DAY". Celebrated World Mental health day on 10-10-2023 at Navajyoti Integrated Rehabilitation Centre, Gadag. Our president welcomed the gathering and gave the speech on Mental Health, Dr. raghavendra Patil, Psychiatrist and Dist. Mental Health Program Officer gave talk on Mental Health of the Community & about Alcohol deaddiction. "INTERNATIONAL DAY OF GIRL CHILD 2023" Was observed on 11-10-2023 at KLE Society's Arts & Commerce College, Gadag. Guest Speaker: Dr. Swetha Sankanur, Intensivist, Sankanur Hospital & Chirayu Critical Care, Gadag gave the talk on " Save Girl Child". Dr. Sonia Karur, President IMA Ladies Wing, Gadag, Addressed the gathering. "WORLD SIGHT DAY 2023" Celebrated World Sight Day on 12th October 2023 at Gadag Institute of Medical Sciences, Gadag. On the Occasion Dr. Akshata Kavalikai, Ophthalmologist, spoke about "Protection and Prevention of Eye Injuries at Work Place". Dr. Radhika C. Bellary, Ophthalmologist, Secretary IMA Ladies Wing, Gadag, spoke about the "Importance & Increased need of Eye Donation". Dr. Gururaj spoke about the "Facts and Myths of Eye Donation".

Chairperson: Dr. Shambu Purad, Physician, Asst. Prof, Dept. Of Medicine, GIMS, Gadag. TOPIC 2; "BEST IN CLASS COMBINATION, FOR EVERY HEART BEATS FASTER" by DR. MANJUNATH HIREMATH MD (Gen Med) DM (Interventional cardiology). Consultant Cardiologist, Navodaya Heart & Skin Care, Gadag. Chairperson: Dr. Kushal Godkhindi, Senior Consultant Physician, Gadag. No of people attended : 50. CELEBRATION OF NATIONAL & INTERNATIONAL DAYS: MAHATMA GANDHI & LAL BAHADUR SHASTRI JAYANTI 2nd OCTOBER 2023. Celebrated Mahatma Gandhi ji & Shstri ji Jayanti at IMA Hall, Firstly performed Pooja to the two great leaders of our Nation, Mahatma Gandhi & Lal Bahadur Shastri, Dr. Radhika Kulkarni madam conduction Bhajan & Patriotic songs, Dr. G. B. Bidinahal gave speech on the occasion. The two great freedom fighters and their dedication towards the Nation was very well elaborated by Dr. Kushal Godkhindi. Young kids, Arnavi gave an inspiring speech. Respective presidents did the honour. IMA members actively participated in large numbers. There were also patriotic songs and speeches from Other members. IMA GADAG BRANCH & LADIES WING, IMA, INSTALLATION CEREMONY 2023-24, TUESDAY 3rd OCTOBER, 2023: Installation of the new Office bearers for

**Branch : Gangavathi**  
**President : Dr. Veena A Satish**  
**Secretary : Dr. Archana Patil**

On 24.09.2023: Anjana 2023 IMA Gangavathi, WDW Gangavathi, in association with WDW IMA-KSB conducted one day State Level WDW Conferencee – Anjana 2023 on 24.09.2023. Chief Guests were Dr Shivkumar B. Lakkol. Dr.Indumathi. M, Dr.Manpreet Kaur, Dr Sulochana Chiniwalar. There were more than 225 registrations and well appreciated by all the attendees. IMA WDW Gangavathi, got Best Medium Branch award during the event. it was very successful event. On 07.10.2023 IMA Gangavathi in association with Gopi Charitable Blood



Centre conducted a CME program on 8.10.23 at IMA Bhavan. Dr. Annapurna Ramesh senior consultant transfusion medicine Bangalore gave a talk on recent trends in blood components therapy and SDP. About 40

members were present. It was a successful programme. on 20/10/2023 IMA Gangavathi in association with HCG hospital Bangalore conducted a CME program on 20.10.23

at IMA Bhavan. Dr Lohith Reddy chief radiation oncologist from HCG Bangalore spoke on recent advances in radiation oncology. About 40 members were present, it was a successful programme.



**Branch : Haveri**  
**President : Dr.Shankar Marekkanavar**  
**Secretary : Dr.Pramod Heggeri**

A CME was conducted under the auspices of IMA Haveri on Friday,06.10.23. Speakers: (1). Dr.Nagesh VR, Cardiac surgeon spoke on minimally invasive cardiac surgery. (2). Dr.Junaid Jamadar, Interventional Radiologist delivered a talk on recent advances in interventional radiology. Both from Vihaan Heart and Multispecialty Hospital, Hubli.

**Branch : Jamkhandi**  
**President : Dr. H.G.Daddi**  
**Secretary : Dr. Biradar**

On 01-10-2023 Participation in the Opening of ICU by CIPACA. On 04-10-2023 CME on Rabies in association with KVA DR. Nitin Prabhu from Dakshina Kannada was the speaker. On 13-10-2023 CME on Arthritis Dr. Revanesh Mirji Rheumatologist from Vijayapur was the speaker. On 14-10-2023 Cricket Tournament for Health department staff f Bagalkot District. On 15-10-2023 Heritage & Health talk Gombi Gudda Village.



**Branch : K.G.F**  
**President : Dr. D.Vijayakumar**  
**Secretary : Dr. Shivakumar S.**

At last on 07.10.2023 IMA-KGF Successfully registered itself under the KARNATAKA SOCIETIES ACT 1960 and became a REGISTERED BODY. To get this done IMA-KGF has framed its own byelaw guided and bound by the IMA-KSB and IMA NATIONAL BYE-LAW. 2.Though IMA-KGF have its own bank account we did not have a PAN CARD of IMA-KGF. So, after registering our branch under the KARNATAKA SOCIETIES ACT 1960 we have applied for PAN CARD and finally received the PAN CARD of IMA-KGF. 3.IMA KGF has

successfully paid GST CONTRIBUTION/DUE from its members-that is 43 single members and 14 couple members total 71 members and paid a sum of Rs.45500/- (Fourty five thousand and five hundred).

**Branch : Koppa**  
**President : Dr. Anitha N. Rao**  
**Secretary : Dr. Sania Sabahi**

On 03.10.2023 CME on Alcoholic hepatitis at Mudanamane Koppa. Nearly 30 members attended. On 07.10.2023 CME on Heart attack and emergency clot buster medicine by Dr Mukund, Cardiologist from Mangalore. Official installation of new office bearers and discussion on IMA building



construction. On 22.10.2023 Health awareness on Women health problems by Dr Anita N Rao to Mahila Shakthi Dharmasthala yojane Binthravalli and Siddaramath Koppa.

Attended by more than 100 women. Celebration of Navaratri.



**Branch** : Kadur-Birur  
**President** : Dr. Vasudev Murthy  
**Secretary** : Dr. Sharath R. Yajman

On 01.11.2023 Kannada Rajyotsava Day was observed at IMA Premises.

**Branch** : Kumta  
**President** : Dr Vishwas Naik  
**Secretary** : Dr Naveen

Annual general body meeting was conducted on 23/09/23 at blood bank IMA hall, kumta. IMA members have elected new office bearers for the year 2023-24. The new office bearers are: Dr Vishwas Naik as President, Dr Roopali Mankikar as Vice president, Dr Naveen as hon.secretary, Dr Prasanna Nayak as joint secretary and Dr Bharat Shet as Treasurer. Also, A CME was conducted on 23/09/23 was conducted at Blood bank IMA hall on NSAIDs. The speaker was Dr Nitish Shanbhag, Physician, Hitech hospital, kumta, gave an insight into the Topic. It was followed by dinner. On 21.10.2023, a CME was held. Topic: "Golden hour" by Dr Srinivas Nayak, Physician. A very resourceful talk was given by the speaker, Dr Srinivas Nayak on importance of



management of patients in acute emergencies in the golden hour especially in case of Myocardial Infarction, poisonings, snake bites, traumas etc. Annual expenditure report was presented by the secretary. New office bearers were officially installed.



On 30.09.2023 Installation Ceremony of IMA Kundapura Branch was done. The Office Bearers are – President: Dr Pramila Nayak, Secretary: Dr Mahima Acharya, Treasurer: Dr Rashmi S. Udupa. Installation Officer: Dr Sharath Kumar Rao K, Vice Chancellor, Health Sciences, Manipal Academy of Higher Education, Manipal. On 2nd October Dr Pramila

**Branch** : Kundapur  
**President** : Dr Pramila Nayak  
**Secretary** : Dr. Mahima Acharya

Nayak, President, IMA Kundapura participated in 'Namma Kundapura, Swachha Kundapura' program conducted in association with Bhandarkar's College, Kundapura. On 10th October Dr Mahima Acharya, Secretary, IMA Kundapura, delivered lecture in Bhandarkar 's College, Kundapura as part of Mental Health Awareness Program of IMA Kundapura. On 18th October Dr Vanitha Laxmi, President of Women Doctors Wing, delivered lecture on Breast Cancer Awareness. Women Doctors Wing of IMA Kundapura conducted Awareness Program on Breast Cancer in association with Inner Wheel Club, Kundapura, South.



**Branch** : Mandya  
**President** : Dr.T.N.Marigowda  
**Secretary** : Dr.Vinay.M

On 04 Oct 2023: Dr Marigowda, President IMA Mandya Branch, Dr Vinay M, Secretary IMA Mandya Branch and other office bearers organized a quiz competition on

Rabies for nursing students of Mandya. There were preliminary written rounds. The 4 top scoring teams entered the "On stage" rounds. The quiz consisted of 3 rounds of questions, buzzer round, visual round, etc. The winners were given prizes. On 13 Oct 2023: IMA Mandya branch members under the leadership of Dr PM Jagadish Kumar, senior Pediatrician and Dr B.S. Kakkilaya District Nursing Association President and Mamini ladies wing of IMA Mandya Branch protested regarding Kaveri water in association with Raitha sangha.

**Branch** : Mysuru  
**President** : Dr.M.S.Jayanth  
**Secretary** : Dr. Shivashankar. B.N

On 20.10.2023 CME Programme was conducted on 20.10.2023 on the eve of World Mental Health Day.



**Branch** : Nelamangala  
**President** : Dr. M.Jayaprasad  
**Secretary** : Dr. S.Rajendra Prasad



On 22.09.2023 CME programme was conducted. a) Dr. Surendra Reddy T. Senior Consultant and Director, Radiation Oncology, Cytocare Hospitals, Yelahanka, Bangalore. Spoke on "Role Of Radiotherapy in Oncology". b) Dr. Harish P. Senior Consultant- Medical Oncology,

Hemato oncology and BMT, Cytocare Hospitals, Yelahanka, Bangalore. Spoke on "Recent Advances in Oncology". 2) On 06.10.2023 CME Conducted a) Dr. Viswajith Pai, Consultant Medical Oncology, HCG, Bangalore. Spoke on "Precision Medicine - The Next Big step in Oncology" b) Dr. Jagannath Dixit, Chief Consultant GI Oncology, Robotic & Laproscopic Oncosurgery, HCG, Bangalore. Spoke on "Robotic Surgery in Gastrointestinal Cancer". c) Dr. Lohith Reddy, Consultant Radiation Oncology, Clinical Director Immuno RAD, Clinical lead - Radiomics and AI, HCG, Bangalore. Spoke on "Recent Advances in Radiation Oncology"

**Branch** : Raichur  
**President** : Dr. Arun K N  
**Secretary** : Shree Harsha Patil

A Blood donation camp on 24-09-2023 was conducted by Veerakesari Youth Association in association with IMA

Raichur, total of 14 units of blood has been collected. 2nd blood donation camp on 25-09-2023 at Shilpa Pharma Life Sciences Limited was conducted, 46 units of Blood Collected. 3rd Blood donation camp conducted on 02-10-2023 by Reliance Smart Superstore, 8 units of blood was collected. 4th Blood donation camp was conducted at Dattatreya Temple on 17-10-2023 by K Shailesh



Abhimanigala Balaga, 23 units of blood was conducted. Shree Manik Prabhu Academy for the Blind in association with Indian Medical Association Raichur organized World White Cane Day on 17-10-2023, President Dr. Arun K N spoke about promoting accessibility for people with disabilities and to increase public awareness of the rules of conduct for the blind and Secretary Dr. Shree Harsha Patil Spoke about importance of World White cane day and added that IMA will join hands with any organization for social related cause. Walkathon /procession from Shetty Bhavadi chowk – Theen khandil Road towards IMA Auditorium

**Branch : Ranebennur**  
**President : Dr.Praveen Khannur**  
**Secretary : Dr.Virupakshappa.T.K**

Did Dhandiya dance on eve of Navarathri by women doctors , Ranebennur, organised by youth hostels association at Ranebennur, secured 2nd place.



**Branch : Shimoga**  
**President : Dr. Ramesh C**  
**Secretary : Dr. Aravindan R**

On 01.9.2023 It was a big and long day for IMA Shivamoga. It was great to know the and Dr. Uma Pandurangi spoke about work done by SIMS in helping kids with SNHL through cochlear implants . She, highlighted the role of radiologist in evaluation of the implant. Dr. Kousthuba's talk threw light on how much human errors affect lab reporting and her potpourri of cases were interesting. The scientific sessions by were enlightening. The WDW team headed by Dr. Vinaya Srinivas were presented the best public awareness activities State WDW award and trophy collected at state conference at Gangavathi by Dr. Harish Delentabettu. The third edition of IMA pulse was released by editor Dr. Shubrata and dignitaries and an excellent job is done by the editor and members who have contributed to the magazine. The copy has reached all members. We had great pleasure to felicitate dr. Gurudutta, Dr. Vinaya and Dr. Shubrata for the exemplary work done for the state Kannada writers conference. Dr. Ratnakar took us through his journey of medical profession as he delivered the

IMA oration and his talk reflected on the changing professional ethics and challenges in practice. The AGB was well attended by members post lunch and secretary and treasurer presented detailed report and accounts. New team headed by Dr. Ramesh as President and Dr. Aravindan as Secretary was elected by election officer dr. Nagraj sir and new team has been announced and ex officios congratulate us and wished us the best for luck. On 02.9.23 we celebrated birth anniversaries of mahathma Gandhiji and lal bahudur shasthriji. Chief guest Shakuntala rao sang few Gandhiji's favorite bhajans, Dr Ganghadar and Dr Ramesh spoke about both legends life. All attended members paid tribute by lighting the lamp and flowering. On 09-10-23 President Dr Ramesh and Vice President Dr Shambulinga , met DHO- Shimoga ,Dr Rajesh surigihalli on behalf of newly elected EC committee , informed regarding same. DHO has expressed his continued support for all doctors and IMA Family. On 11-10-23 President Dr Ramesh and Vice President Dr Shambulinga ,Dr Nagraj ,Dr Ravish and Dr Bharath (IDA) met SP- Shimoga ,Mr Mithun Kumar, IPS on behalf of newly elected EC committee , informed regarding same. He enquired about the status of our task force and has expressed his continued support for all doctors and IMA Family. On 12-10-23. President IMA Shimoga Dr Ramesh and Vice Presidents Dr Shambulinga and Dr Ravish, Secretary Dr

Aravindan R along with Dr Abhilash met Dean/ Director SIMS - Shimoga, Dr. Virupakshappa on behalf of newly elected EC committee. He happily greeted us and expressed his continued support and best wishes. We, later met MS Mcgann hospital,

Dr Thimmappa and District surgeon Dr Siddanangowda Patil. Both of them wished us their best wishes- remembered the dynamic activities of last year IMA like Netravathi Trek and expressed their continued support for all our future activities.

**Branch : Sindhanur**  
**President : Dr.K.Shivaraj Patil**  
**Secretary : Dr.Amar Patil**

Inauguration and installation of new office bearers of the Woman Doctors wing of IMA Sindhanur "Druthi" was done on 15th October 2023 in the presence of Dr Madhusudan kariganur with Guest of honour Dr V V Chiniwalar President elect IMA KSB 2023-24, Dr Shreshailesh Amarkhed vice president IMA KSB and Dr Sulochana chiniwalar. Our chief guest instilled new office bearers of WDW with Dr Padma Patil WDW president and Dr Savitha Malipatil WDW secretary. All the new office bearers were briefed about the works and the plans for WDW. CME and a scientific session was held at IMA Sindhanur on 15th October in association with Raichur obstetrics and



gynaecological society on "A practical approach to infertility" this session was attended by more than 60 practitioners from Maski, Sindhanur, Gangavathi, Lingasugur, Siruguppa. It was successful Cme with fruitful discussions on all the aspects of infertility.



**Branch : Tumkur**  
**President : Dr. Rangaswamy.H.V.**  
**Secretary : Dr. Mahesh.G**

On 29.09.2023 Press meet arranged on the occasion of World Heart Day. On 28-09-2023. Dr. Rangaswamy H V, President IMA Tumakuru, DR. Mahesh G, Secretary, Dr, Muddurangappa R, President API Chapter, Tumakuru, Dr Anitha B Gowda, WDW President, Dr. Nagaraj Patil from NCD wing DHO office and 25 press representatives from reputed print and visual news channels were present in the program. On 02.10.2023 Gandhi Jayanthi and Elderly day was observed. Gandhi Jayanthi and Lal bahadur Shastri Jayanthi has been celebrated on 2nd October. As a part of Elderly day on 1st of October, Dr. C Jayaram Rao (98 yrs) and Dr. S Kalavathi (83 yrs) who are senior most members of IMA, Tumakuru were honored. On 10.10.2023 World Mental Health Day was observed at Ananya PU College, Tumakuru. World Mental Health day conducted in association with Sneha Mano Vikasa Kendra, Union Christian College, Tumkur Mental Science Association, Tumkur. Dr Lokesh Babu, Psychiatrist, Dr. Rangaswamy H V, President, IMA Tumkur. On 10.10.2023 World Mental Health Day activity by WDW ANM Training Centre, District Hospital Tumakuru. Women's Doctors Wing conducted World Mental Health day in

association with District Hospital Tumkur, District Training Centre, Tumakuru. Dr. Anitha B Gowda, WDW Chairman, DR. Chethan, RMO, Sri. Prakash H B, Principal, DTC Tumakuru and Smt. Gangamma N P, Principal, AMN training centre were present in the program. On 13.10.2023 World Mental Health Day was observed in association with Sri Siddhartha Medical College, Tumakuru, Dept of Health and Family Welfare, District Administration, District Surveillance Office. In this program Dr. Manjunath D N, DHO, Dr. Rangaswamy H V, President, IMA Tumakuru, Dr. Chethan RMO, District Hospital Tumakuru, Dr Jyothi Swaroop and other were present. On 16.10.2023 Hand Hygiene Day was observed at PHC: Mavinahalli, Gubbi Taluk. On the occasion of National Hand Hygiene Day, Dr. Mahesh, Secretary, IMA Tumakuru showed the demo how to wash hands, take care of hands. On 03.10.2023 World Elderly Day was observed at Gaddehalli, Gubbi Taluk. On the event of Elderly day NCD camp was organised at rural area Gaddehalli Gubbi tq Tumakuru district. On 18.10.2023 Breast Cancer Awareness Month Procession was arranged. Dr Rangaswamy H V, IMA Tumakuru President, Dr Prabhakar G N, Dr. Mahesh G, Secretary IMA Tumakuru, Students of Sri Siddhartha Medical college, Tumakuru and others were present in the procession. On 18.10.2023 CME Programme was conducted. Topic: "Ageing Gracefully" by Dr Puttaraj K R, Professor of Medicine, Sri Siddaganga Medical College and Research Institute, Tumakuru.

**Branch** : Mangaluru  
**President** : Dr. Ranjan.K  
**Secretary** : Dr. Avin B. R. Alva

Mangalore branch of IMA conducted a CME on 29 September 2023 at IMA Hall, Attavar Mangalore on Neurorehabilitation. Dr. Anne Mary John and Dr. Gourav Gomez spoke on physical medicine and rehabilitation. The meeting was chaired by Dr. Venugopala D , President IMA. Dr. Archith Bolor and Dr. Ranjan R were present on stage. CME ON NUCLEAR MEDICINE AND ARTIFICIAL INTELLIGENCE: The CME was conducted On Friday 13th October 2023 at 7:45 pm at Dr. A V Rao Conference Hall, IMA House, Attavar, Mangalore. Dr. Sindhu T, Senior Resident- Nuclear Medicine Department, KMC Manipal spoke on Indications of PET-CT. Dr. Praveen N. Shastry Head of Clinical & Technical Academics -Manipal HealthMap spoke on Artificial Intelligence in Radiology, Boon or Bane ?. Dr Sandeep Ballal, Head of Manipal Health Maps was the chairperson. The meeting was chaired by Dr. Venugopala D , President IMA. Dr. Archith Bolor , Dr. Nandakishore B and Dr. Ranjan R were present on stage. FETAL MEDICINE CME: We conducted at Foetal medicine CME on 20th September 2023 Dr Prathima Prabhu. High risk pregnancy and foetal medicine specialist, Father Muller Medical college, Mangalore spoke on Antenatal aneuploidy screening method. Dr. Murali G. Kamalapur, Consultant Radiologist & Foetal Medicine Specialist ,Father Mullers Medical College spoke on Latest guidelines in NT Scan and its implications in diagnosing anomalies in first trimester: Game changer in routine obstetric practice. The meeting was attended by radiologists, obstetricians, and IMA members. SURGERY COMPREHENSIVE CLINICAL CLASS: White army in association with Mangalore IMA conducted an undergraduate conference on Surgery – Comprehensive clinical class on the 21st and 22nd of September 2023 . Dr. Kishan Rao was the course mentor. The faculties were Dr. Nishant , Dr. Sriram Bhat, Dr. Rajagopal Shenoy, Dr. K R Kamath . This was attended by 250 undergraduates from various parts of the country. The sessions included case discussions , live demonstrations, and hands on workshop. ANNUAL GENERAL BODY MEETING: Annual General body meeting of IMA Mangalore was held on 13 October 2023. The chief election officers Dr. A Divakar Rao announced the list of



new office bearers. Matters regarding sub committees , annual membership fees, and other matters were discussed, and decisions taken. WDW ACTIVITIES: WDW organised the Doctors Fashion Ramp on 15th October 2023. More than 50 participants took part in the event. The winners were –

- 20-40 group-Winner Dr Nishitha Sheitan Fernandes,1st Runner up Dr Manisha, 2nd Runner Up Dr. Deepika
- Classic group 40-60- Winner Dr Archana Bhat,1st Runner Up Dr Sharada Rai,2nd Runner Up Dr Veena Bhagvan
- Super classic group above 60 Winner Dr Chithralekha, 1st Runner Up Dr Prabha Adikari, 2nd Runner Up Dr Prema D'cunha, 3rd Runner Up Dr Shakunthala, 4th Runner Up Dr Amruta Bhandary

MEMBERS ACHEIVEMENTS: Mangalore's first Paediatric Allogenic Bone Marrow Transplant was performed for a 14-year-old girl with Acute myeloid leukaemias with stem cell donation from her 13 year old sister. This was performed by a Team led by Senior Haemato-oncologist Dr Rajesh Krishna at Zulekha Yenepoya Institute of Oncology, The team includes Dr Anusha Hegde (Paediatric Haematology- Oncologist), Dr Shilpa Bhat (anaesthetist) and Dr Jalaludheen Akbar ( Oncosurgeon). Dr. Guru Prasad completed the Goa Iron man in 8 hrs. It is first of a kind achievement of Mangalore. IMA Mangalore Women's doctors wing for receiving the IMA KSB President appreciation award for this year. Dr.Aruna Yadiyal won the third prize for poetry in the IMA KSB, WDW conference 2023 . Dr. Narendra Kamath has been honoured with Lifetime Achievement Award 2023 by Karnataka Branch of Indian Assoc of Dermatology. The honour will be done at Annual Conference, Manipal on Oct 28, 2023. CONDOLENCE MEETING: IMA Life member Dr. Jagannath Kamath, Professor And former Hod of orthopaedics, expired on 28th September 2023.



**Branch** : Mundaragi  
**President** : Dr. Annadani M. Meti  
**Secretary** : Dr. Prakash Hosmani

(1) On: 02-10-2023: "GANDHI JAYANTHI" was celebrated followed by a GB meeting & a CME-talk on: "" Life Style Diseases among the doctors" \* Talk was given by Dr

Laxman Pujar. (2) On 06-10-2023: A Blood Donation camp was organised by IMA MUNDARAGI branch in association with IMA Blood Bank Gadag. 37 volunteers donated blood. A public awareness talk was given by Dr Annadani M Meti

about the importance of blood donation and organ donation. (3) On 27th, 28th, & 30th of October 2023: Four members of IMA MUNDARAGI Branch attended Medicon 23 held at Bidar.

**Branch : Sirsi**  
**President : Dr.G.V.Madukeshwar**  
**Secretary : Dr.Suman Hegde**



(1). Blood donation camps were conducted at 5 places with total of 188 collection. 57 donations at Taluka Hospital Haliyal, 22 donations at Bachgoan sirsi, 41 donations at Taluka hospital Mundgod, 33 donations at Dandeli and 35 donations at Kansur PHC. (2). General body meeting was held on 6th of Oct and the office bearers for the year 2023-24 were finalized. (3). Vanyajeevi Saptaaha was observed in Banavasi on 8th of Oct. Cyclathon and walkathon were arranged and several members took part in both the events to reach the destination place Banavasi. Dr Madhukeshwar, our IMA president spoke on the importance of conserving animals in our ecosystem. (4). Observed World Sight Day was observed on 12th of Oct at Industrial area. Dr Tanushree Hegde spoke on Eyecare for Factory workers and Dr Suman Hegde spoke on Vyasana Mukta Samaja which included substance abuse/ alcohol/ tobacco/ internet addiction. 100 people were addressed. (5). Breast Cancer Awareness for 75 women at banavasi was held on 13th of Oct where Dr Shanta Bhat and Dr Asha Prabhu gave information regarding importance of regular breast examination, various modalities of tumour detection and advantages of early diagnosis of cancer. (6).

Awareness on Eye and Body donation at Ganesha Netralaya, Sirsi was conducted on 15th of Oct. Dr Shivram .k.v. and Dr Ramesh Hegde addressed a gathering of around 80 people and shared the relevance and significance of Eye and Body donation respectively. (7). Grand and colourful IMA INSTALLATION CEREMONY was held on 15th Oct evening at IMA Suvarna Soudha. Dr Krishna Prasad R, a renowned Ophthalmologist and Director of M M Joshi Eye hospital, Hubli was the Chief Guest and Installing Officer. New office bearers for IMA, IMA Seva Pratishthana, Women Doctors Wing and Kannada Balaga were installed. 3 new Doctors were inducted in the ceremony. The event was followed by colourful and joyful Dandiya Raas, the day being the first day of Navratri. (8). A general Health check up camp at MES Commerce College was held on 18th of Oct where 200 students were examined by 15 Doctors.



**Branch : Sullia**  
**President : Dr. Veena**  
**Secretary : Dr. Ravikanth G.O.**

On 22/09/2023: Performed Doctors Yakshagana at IMA Kasaragod. On 24.09.2023 Dr. Geeta Doppa attended WDW Conference Anjana 2023 With Chief Guest Dr Indumathi M, Director of Health and Family Welfare Services, GOK, Bengaluru, at Gangavati, North Karnataka. On 29.09.2023:

An event was organized in CHC Sullia, on occasion of WORLD HEART DAY. On 01.10.2023: Dr. Geeta Doppa gave talk in Taluka Panchayat for ICDS staff, Anganwadi workers on account of Rashtriya Poshan Maah 23. Dr Bhagirathi Murulya MLA Sullia was the chief guest. On 01.10.2023: Dr. Geeta Doppa attended State Working Committee Meeting in Bangalore. They have organized awards committee meeting. On 10.10.2023: A talk on Womens Health in Mandekol by Dr. Veena – IMA President Sullia. On 12.10.2023 Yakshagana by Dr. Veena and team in KVMCH, Sullia, on occasion of college fest.



**Branch : Udupi-Karawali**  
**President : Dr. Rajalakshmi**  
**Secretary : Dr. Archana Bhaktha**



On 24.09.2023: Blood donation camp: IMA Udupi Karawali conducted Blood donation camp on 24.09.2023 at Dhnavantari College of Nursing in association with Rotaract Club, Udupi, Srikrishna Charitable trust Udupi, Lion's club Manipal, and Indian Red-cross society Kundapur. Dr. Archana Bhaktha, Dr. P V Bhandary, Dr. Keshav Nayak and many other doctor participated in this program.



**Branch : Yadgiri**  
**President : Dr. Bhagwanth Anwar**  
**Secretary : Dr.Vaijanath Duggani**

IMA YADGIR In association with VBR Charitable Hospital organised Blood donation camp at VBR multispeciality hospital on 05/10/23 to mark NATIONAL BLOOD DONATION DAY. EX MLA VENKATREDDY MUDNAL

Inaugurated the event, Dr VBR Sir (ex MLA) graced the event. Dr Prabuling Manekar (DHO), Dr Sanjeev Raichurkar (DTO) and other IMA members were present at the camp. \*WORLD MENTAL HEALTH DAY CELEBRATION 2023: IMA YADGIR in collaboration with DMHP Yadgir and NANDINI HOSPITAL RAICHUR conducted CME On 11/10/23. Dr V B Malipatil (Senior Psychiatrist Raichur) gave talk on Mental health is a human right and management of stress in Doctors.

**Branch : Yelahanka**  
**President : Prof. Dr. Pavan Kumar. M**  
**Secretary : Dr.Shylakumar. H.K.**

CME was successfully held by IMA Yelahanka in association with cytecare hospitals at Royal Orchid on 22.09.2023. Happy to share IMA women's Doctors Wing Yelahanka won

President appreciation award. 100 drs participated in this successful event. Guest speakers Dr Sobha, Dr.Aditya gave talk on respective topics which was well appreciated by all. CME was followed by AGM. Dr.Nalina presented annual report on various activities of IMA Yelahanka from 2022-23. Dr Suriraju. V gave president speech and thanked all for support given, congratulated women's medical wing and announced new team members for year 2022 to 2023.



# Report of **89<sup>th</sup> MEDICON 2023** **89<sup>th</sup> IMA Karnataka State Annual Medical Conference, Bidar** 28th October 2023

## **Respected President & all the office bearers of IMA KSB,**

89th IMA KSB annual state conference MEDICON 2023 was held at Bidar Institute of medical sciences, Bidar from 27th Oct to 29th Oct 2023 which was hosted by IMA Bidar Branch. Under the leadership of IMA KSB President Dr Shivkumar Lakkol & his team with the support of the organizing committee lead by chairperson Dr Vijayshree Bashetty and Dr Chandrakant Gudage and organising secretary Dr Mallikarjun Panshetty and the team of Bidar dist IMA branches, this conference was conducted.

This conference was attended by nearly 840 delegates from various parts of the Karnataka state. For the first time in MEDICON workshops were conducted – BASIC CARE LIFE SUPPORT by Jeeva Raksha Trust of RGUHS and Adolescent Parenting by renowned resource person Dr Preeti Galgali on 27th October. Unique to this conference was a session by the Wealthcon group which was very much needed by all the doctors.

IMA KSB Business Meeting was conducted in Hall B where new office bearers took charge and were felicitated. Dr Srinivas S took charge as President along with the senior vice presidents Dr M.N. Rajgopal Setty, Dr Pavan Patil, Dr Kiran Deshmukh and other office bearers.

On 28th October morning 8am IMA Flag was hoisted by IMA incoming President Dr Srinivasa S in the presence of IMA KSB president Dr Shivkumar Lakkol, President elect Dr Chinnivalar V V and the office bearers along with the organizing committee of MEDICON 2023. This was followed by a Press briefing by the outgoing President Dr Srinivasa S. The scientific Session had 52 lectures, Panel discussions, five Orations and the MEDICON Key note address by Prof Dr C N Manjunath, Director Jayadeva Institute of Cardiovascular Sciences, Bengaluru.

This Scientific Session was inaugurated by the Chief Guests Shri Bhagwanth Khuba- Hon'ble minister of state for chemical and fertilizers, New renewable energy in the Govt of India; Dr Sharanprakash Patil Hon'ble minister for Medical Education and skill development, Govt of Karnataka; Shri Raheem Khan, Hon'ble minister for municipal administration and Hajj, Govt of Karnataka. This function was presided by IMA KSB President Dr Shivakumar Lakkol. Guest of Honor were Dr Shivkumar Shetkar, Director of Bidar Institute of medical sciences and IMA KSB President elect Dr Srinivasa S. Breast Cancer Awareness month was also celebrated by the dignitaries. The importance of this campaign was addressed by Dr Naaz from IMA Hospet.

In the evening 89th MEDICON 2023 conference was inaugurated by Shri Dinesh Gundurao – Hon'ble Minister for Health & Family Welfare, Govt of Karnataka and Shri Eshwar Khandre – Dist in charge minister of Bidar and Hon'ble minister for Forest, Ecology and Environment Govt of Karnataka. On this occasion MEDICON 2023 Souvenir "Aarogya Wani" was released by IMA National President elect Dr R Asokan. IMA KSB Software for Hospitals developed by the team of Digital Software committee led by Dr Jaspalsing Tehalia was also launched on this occasion by Dr R Asokan. Awards selected by IMA KSB were given to various branches, doctors, children of IMA members for their achievements and eminent personalities from the society were felicitated by the Chief guests.

This was followed by cultural events in the sprawling lawn of Jhira Convention Hall which was very much appreciated and enjoyed by one and all.

On 29th October, Scientific session along with Orations were conducted. Post Graduates from various colleges of Karnataka and the neighboring state Telangana presented Papers and posters.

Valedictory function was inaugurated by Dr Ajay Singh, Chairman, Kalyan Karnataka region Development Board along with the IMA KSB state President Dr Shivkumar Lakkol, incoming President Dr Srinivasa S and President elect Dr V V Chinivalar and the organizing committee of MEDICON 2023. On this occasion the MEDICON organizing committees were felicitated by the IMA KSB. On this Occasion new office bearers of IMA Bidar branch took charge led by the President Dr Sanjay Chanda and Hon Secretary Dr. Veerendra Patil.

89th MEDICON conference was held for the first time in Bidar Dist. It was a herculean task for the IMA Bidar. It was very much supported by the IMA Branches of Bhalki, Humnabad & Basavakalyan of Bidar District. Under the leadership of Chairpersons Dr Vijayshree Bashetty and Dr Chandrakant Gudage, IMA Bidar President Dr Vaijinnath Madna and various committee heads & their team executed their responsibilities fully to make this conference a memorable one. 14th Century Bidri ware which is unique to the Bidar was given to all the delegates as a token of love from IMA Bidar. This mammoth event could not have been possible without the support of Dist Administration and Police department, Press club, Volunteers and the support staff of Bidar Institute of medical sciences. Our Special thanks to the Director of this Institute Dr Shivkumar Shetkar without his support this event would not have been possible.

**LONG LIVE IMA!!**

**Dr Vijayshree Bashetty and Dr Chandrakant Gudage**  
organising Chairmen

**Dr Mallikarjun Panshetty**  
organising secretary

# Gallery of 89<sup>th</sup> MEDICON 2023

89<sup>th</sup> IMA Karnataka State Annual Medical Conference, Bidar  
28th October 2023



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## Trekking Expedition - Roopkund

- Dr. Dinesh Hegde, Sirsi

Trekking Expedition to Roopkund by IMA Sirsi Doctors. A Himalayan Odyssey Through Lohajung, Didna, Ali Bugyal, Baghwabasa, Gairoli Pathal, Wan, and Back to Lohajung. Like minded people from Sirsi and Bangalore joined together and planned for this extraordinary journey and one of toughest trekking adventures. This stands in Top 10 difficult trekking trails of India. 3 months back we planned this trek and formed a group of 20 people.

We started preparing and practicing for the same every weekend by going to almost all possible hills in and around Sirsi. We had many preparatory meetings and together we went to Decathlon Hubli to purchase trekking gadgets. We did elaborate planning and finally the day arrived. On 23rd September early in the morning we started from Sirsi. With all preparations, after packing everything in Rucksack bags we started our journey to Goa to catch the flight to Dehradun.

All 19 of us traveled in 3 vehicles to reach Manohar International Airport in Mopa in Goa. Kept our vehicles in nearby hospital and boarded the flight to Dehradun. Landed at 7.00 pm in Jolly Grant airport in Dehradun. Our pick up vehicles were waiting for us. From there we traveled to Hrushikesh by road. We were put up in Shiva Vilas restaurant in Tapovan area of Hrushikesh. After freshening up we all went to city tour by walk. Visited Ram Jula, and went to the famous Chotiwalla restaurant for dinner. After strolling down the streets of Hrushikesh we went to hotel Shiva Vilas for rest. Next day was our Hrushikesh exploration.

Early morning after breakfast we all went to White water river rafting in Ganga river. All of us took a dip in Ganga after spine chilling rafting experience. After that we all went to local Chai Dukaan and Adrak Chai. Then went to hotel to change our dresses. After that we hired local scooters from a shop and went on our own to see Neer Ganga Falls and Secret Falls. We had a dip in that clean water in both the falls.

From secret falls we went back to city and changed our dress and went for lunch. In the afternoon we went for city tour with the help of a guide. He showed all the ancient temples, Ashramas and told us many mythological stories about those monuments. Then we went to a Government recognised shop for purchase of Rudraksha and Crystals. After that we were taken to Paramartha Nikethana Ashrama and we were given VIP seats to see Gangaarathi. We could see the Aarathi from very near and also we ourselves performed Aarathi. It was really heart warming for many of us.

On the way we ate in street food stalls and enjoyed the verity of street foods. Then we went back to our hotel and had relaxing sleep. Next day early morning our Bangalore friends joined us at 5.00 am. We got up early and had light breakfast and left for Lohajung in two Tempo travelers. On the way we had fun by playing Anthaakshari and karaoke songs. On the way we had our Breakfast in a road side Hotel and lunch in a small town near our target. By 5.00 pm we reached our Target ie Lohajung. We were put up in a Homestay there and already we were feeling cold. Till that



village it was hot climate all along but Lohajung was cold with 10 to 12 degree C.

We could see the mountain ranges and also snow cladded peaks. We had Gala time in the night with Karaoke singing by our members and dancing, masti and fun & frolic. We were served hot dinner and trekking instructions were given to us. Whole trekking plans were explained and once again we got refreshed. Went to bed early to have sound sleep.

Next day morning we had very good breakfast and had bath and kept our rucksack bags outside. There were 8 mules and 8 persons to take care of their well being, 3 cooks to cook us food. 4 guides to accompany us. One in the front one in the middle and two sweepers to take every one along with them. We started at around 8.00 am with our backpack and day pack lunch, water bottles. We were briefed about that day's tasks and how to go about it. Our target was to reach Didna village by evening. We could see Didna village from our place. But to reach there we had to go down to Neel Ganga river and again climb a steep mountain. With all mental physical preparations at last we started our journey at 8.45 am on 26th September. We were accompanied by a dog whome we named Basya. He accompanied us from Lohajung. We thought he will come along with for while and then he will come back. But we were proved wrong. He escorted us all along, leading the pack, showing us the path, drinking water very frequently, taking rest as and when he gets time. It was amazing On the way we could see some breath taking views of Lush green forest and crystal clear skies, beautiful scenery all along.

There comes Neel Ganga river. We take some rest and drink some chilled water of Neel Ganga and started our journey to climb the steep mountain step by step to reach the Didna village by 4.30 pm. It was 13 kms we had walked that day. Soon after reaching we were given hot tea and we did some stretching exercises in front of our home stay. We were advised not to sleep or take rest. Instead our guide took us 300 meters above and we spent some time there and came back via village road. That was for acclimatisation. When we came back we were given hot Soup and then hot dinner. Temperature was going down rapidly as we were climbing up step by step. We had night



sleep in the home stay and morning we had warm up exercises and Pranayama session in the open area. Hot breakfast was served and soon after we were ready to continue our journey. Next day our target was Ali bugyal. With our scout boys in front and all others to follow them in single line, slowly ascending the hill with Baby steps. Soon we came across thick forest with Acute and rapid ascent of about



3-4 kms. Then there was flat road. In between we collected water from the springs on the way. Then came flat area where we sat for a break and took some pictures. With rejuvenated energy we started our ascent to reach another beautiful meadow where we had our Packed lunch and enough time to relax and recuperate.

While travelling to Bhagava Bass we traversed through beautiful meadows of Bedni bugyaal. After an acute ascent we were greeted with stunning views and pleasant weather all along. Then we reached the peak of Bedni bugyaal and took a small break on the top. Then we started going down slowly in a sloppy terrain which was gradual descent to go to a stone filled terrain called Pathar Nachouni. Then we started acute ascent of more than 4 kms which was strenuous trek and felt like never ending. Then came the top of Pathar Nachouni where there was a small temple called Kalua Vinayak Temple. All our team members sat there for a while to take some rest. We performed pooja of Kalua Vinayaka after all our team members joined us. It was a chilly weather with Temperature below 2 degrees. While trekking we didn't feel the cold. Once we stopped at Kalua Vinayaka we started getting chill. Once all our members joined we chanted some mantras and did pooja and started our Journey to our destination of the day that is Bhagava Bass.



Continued to next issue



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IMA KSSS

# IMA'S KARNATAKA SOCIAL SECURITY SCHEME

IMA House, Bailappanavar Nagar, Hubballi-29 Ph.: 0836-2355656

<https://www.imakssshubli.org>



Respected Members,

Earlier our web was <http://www.imakssshubli.org>, but now it is <https://www.imakssshubli.org> you can clear the browser history in the settings and open the above link.

**ENROLL YOUR MEMBERSHIP FOR IMA KSSS OLD EXISTING & SILVER JUBILEE SCHEME**

**"EACH ONE GET ONE"**

**ADMISSION FEE STRUCTURE FOR OLD EXISTING & NEW SILVER JUBILEE SCHEME**

Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs. 17700/-	Rs. 18200/-	Rs. 18700/-	Rs. 28700/-	Rs. 31700/-	Rs. 36700/-	Rs. 44700/-
Fee for Silver Jubilee Scheme	Rs. 20700/-	Rs. 22700/-	Rs. 24700/-	Rs. 31700/-	Rs. 38700/-	Rs. 47200/-	Rs. 57700/-

**\*IMA KSSS New Membership Tariff Effective from 01-04-2023\***

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**Kindly visit our website- [www.imakssshubli.org](http://www.imakssshubli.org)**

**IMA House, Bailappanavar Nagar, Hubballi-29 Phone no. 0836-235 56 56**



# IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

## IMA KPPS

IMA House, Alur Venkata Rao Road, Chamarajpet, Bengaluru 560 018

Reg. No.DRB-2/SOR/179/2019-20

Email : imakpps@gmail.com | Phone No 080 -26705447, 8197330598

### NEW SCHEME

## • FINANCIAL ASSISTANCE CLAIM (INDEMNITY) AMOUNT UP TO RS. 1 CRORE (ONE CRORE)

- All the existing members will be upgraded to New Scheme after receiving the new application and request letter after adjusting the balance payment.
- The cause of Action must be in the period of active membership for all claims.
- Membership becomes effective from the Date of realization of Cheque or DD In favour of IMA KPPS.
- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

### FEE DETAILS-From 01-10-2023

#### a) Fee details for the 1st year (admission contribution)

Admission fee	Rs. 100/-
Annual subscription Fee	Rs. 2000/-
Advance fraternity contribution	Rs. 1000/-
<b>Total</b>	<b>Rs. 3100/-</b>
<b>GST 18%</b>	<b>Rs. 600/-</b>
<b>Grand Total</b>	<b>Rs. 3700/-</b>

#### b) Fee details for subsequent years

Annual subscription fee	Rs. 500/-
Demand fraternity contribution	Decided and intimated that year *
GST 18% on the demanded amount	

\*Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

**Dr. Honnegowda**  
Chairman  
M. 9448118299

**Dr. N. Dhanapala**  
Hon. Secretary  
M. 9342161266

**Dr. J. Sharanappa**  
Hon. Treasurer  
M. 9448924466



# IMA'S KARNATAKA STATE HEALTH SCHEME

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www.imahealthscheme.org

IMA KSHS

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The Admission fee details is as follows

Age in Years	Total Amount, At the time of joining (1 <sup>st</sup> Year)	The Amount to be paid every year (2 <sup>nd</sup> Year onwards)
Children below 25 yrs	Rs. 4000.00	Rs. 3000.00
Below age of 35 yrs	Rs. 5000.00	Rs. 4000.00
Below age of 45 Yrs but above 35 Yrs	Rs. 7000.00	Rs. 5000.00
Below age of 55 Yrs but above 45 Yrs	Rs. 9000.00	Rs. 6000.00
Below age of 65 Yrs but above 55 Yrs	Rs. 11,000.00	Rs. 7000.00
Below age of 75 Yrs but above 65 Yrs	Rs. 13,000.00	Rs. 8000.00
Below age of 85 Yrs but above 75 Yrs	Rs. 15,000.00	Rs. 9000.00

### LOCK IN PERIOD

- Founder member** :- shall have the benefit of the scheme **six months** after joining the scheme or immediately after launching the scheme whichever is longer.
- All the **ordinary members** and **beneficiary members below the age of 65** on joining shall have the benefit of the scheme after **12 months** of joining the scheme or immediately after launching the scheme whichever is longer.
- All the **ordinary members** and **beneficiary members above the age of 65** on joining shall have the benefit of the scheme after **24 months** of joining the scheme or after launching the scheme whichever is longer.

**NO CASHLESS SERVICE ( They have to pay their bills themselves & Claim later )**

- \* No advance payment will be made to the members
- \* Members will be given **reimbursement of 75% of total amount** of the bill not exceeding the sum limited to each disease.
- \* If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- \* **A member will get a maximum of benefit of Rs.2 Lakhs in one year.**

The scheme was launched on 1st of July 2017 on the Doctors day Celebration at Bengaluru.

**Chairman**  
**Dr Jambunath Gouda**  
094481 45035

**Secretary**  
**Dr Madhusudhan K N**  
094481 40003

**Treasurer**  
**Dr Hanumantappa A**  
99456 05974

**Official Address : Dr. Jambunath Gouda, Kottureshwara MRI Scan Centre  
Near Little Heart School, Hosalli Road, GANGAVATHI-583227 | Ph.: 8618744511**

# Celebration of IMA-KSB Teachers Day on 9th Sept. 2023 at Tumkuru



IMA KSB Teachers Day Awardees



## Celebration of Kannada Rajyotsava @ IMA-KSB





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